## Internships

### Who Needs to Be Involved in an Internship?

- **Intern/Student (aka YOU!)**
  You are responsible for finding your experience provider, completing work hours, and submitting assignments to your internship coordinator.

- **Experience Provider**
  This is the organization and/or supervisor who you will be interning with.

- **Internship Coordinator**
  This is the departmental faculty/staff member who will coordinate internship paperwork.

### What Are Your Next Steps?

- Find an internship! Use your resources!
  - Handshake
  - INST Internship Website and Hub
  - Job/Internship Search Toolkit
  - "What Do I Want?"
  - "How Do I Find and Apply for This?"

- Meet with Internship Coordinator to review internship site and requirements.

- Complete Learning Agreement for final approval of internship.

- Register for INST 487 on RamWeb.

### How Does Academic Credit Apply to Internships?

<table>
<thead>
<tr>
<th>Question</th>
<th>Answer</th>
</tr>
</thead>
<tbody>
<tr>
<td>Is an internship for credit required for your degree?</td>
<td>No</td>
</tr>
<tr>
<td>What class credit do you receive for a qualified internship?</td>
<td>INST 487; can be used for International Studies elective or free elective</td>
</tr>
<tr>
<td>How many hours must you work to earn internship credit?</td>
<td>45 hours of work = 1 academic credit</td>
</tr>
<tr>
<td>What is the maximum number of credits you can receive for your internship?</td>
<td>3 credits</td>
</tr>
<tr>
<td>Can your internship be paid?</td>
<td>Yes</td>
</tr>
<tr>
<td>Are there any other restrictions or requirements?</td>
<td>Must have sophomore standing or higher 2.0 GPA minimum</td>
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</tbody>
</table>

### Previous Internships Done by International Studies Students

- Posner Center Internships
- International Rescue Committee
- Immigrant and Refugee Center of Northern Colorado
- US Department of State
- Various Law Firms
- Lutheran Family Services Rocky Mountains Refugee & Asylum Programs

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**Dr. Meagan Todd, meagan.todd@colostate.edu**

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**Job/Internship Search Toolkit**

**Internships on Handshake!**

**INST Internship Website**

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**Career Center | Colorado State University**

**College of Liberal Arts | Colorado State University**