

SHAWNA BENDECK

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Department of Sociology, Colorado State University, Fort Collins, CO 80523-1784

EDUCATION

- 2024 Ph.D., Sociology
Colorado State University
Dissertation Title: *Students with Disabilities during the COVID-19 Pandemic: How an Inverted Disaster Impacted Educational Access, Student Outcomes, and Family Strain*
Dissertation Chair: Jennifer Cross
Comprehensive Exams: Social Theory, Research Methods and Statistics
Specialty Exam: Social Capital Theory and Methods, Social Networks, Inequality, Disasters, and Community Resilience
- 2021 TILT Graduate Teaching Certificate
Colorado State University
- 2009 M.A., Social Sciences with concentration in Clinical Sociology
University of Northern Colorado, Summa Cum Laude
- 2002 B.A., Sociology with Music minor
Texas Tech University, Cum Laude

POSITIONS

- 2024- Research and Data Analyst IV
Office of Economic Security, Colorado Department of Human Services
- 2023- Sociology Internship Coordinator
Department of Sociology, Colorado State University

PUBLICATIONS

Refereed Journal Articles

- 2024 Snodgrass, Jeffrey G., Michael G. Lacy, Amber Wutich, H. Russell Bernard, Kathryn S. Oths, Melissa Beresford, **Shawna Bendeck**, Julia R. Branstrator, HJ Francois Dengah II, Robin G. Nelson, Alissa Ruth, Seth I. Sagstetter, Katya Xinyi Zhao. "Deep Hanging Out, Mixed Methods Toolkit, or Something Else: Current Ethnographic Practices in U.S. Cultural Anthropology." *Annals of Anthropological Practice* 1-16. doi: 10.1111/napa.12213
- 2023 Bacigalupe, Gonzalo, Dana M. Greene, **Shawna Bendeck**, Sonya Cowan, Christine Gibb, and Simone H. Goertz. "Sustaining Research and Researchers during the COVID-19 Pandemic: A Dose of the Collective Method as a Strategy." *Australasian Journal of Disaster and Trauma Studies* 27(1):27-37.
- 2023 **Bendeck, Shawna** and Orestes P. Hastings. "Linking Individual and Collective Social Capital: Operationalization, Association, and Sociodemographic Heterogeneity." *Sociological Spectrum* 43(1):31-51.

PUBLICATIONS (CONT.)

- 2022 Snodgrass, Jeffrey G., **Shawna Bendeck**, Katya Xinyi Zhao, Seth Sagstetter, Michael G. Lacy, Cody Nixon, Julia R. Branstrator, Jesusa M.G. Arevalo, and Steven W. Cole. "Social Connection and Gene Regulation during the COVID-19 Pandemic: Divergent Patterns for Online and In-Person Interaction." *Psychoneuroendocrinology* 144(2022):105885.
- 2024 **Bendeck, Shawna** and Mel Moore. "Life after Foster Care: The Importance of Human and Social Capital for Post-Emancipation Outcomes." *Child and Adolescent Social Work Journal* 41(1):61-73. <https://doi.org/10.1007/s10560-022-00828-6>
- 2022 **Bendeck, Shawna**. "'Because COVID Ruined Everything': The Impact of Learning Modalities and Accommodations on Students with Disabilities during the COVID-19 Pandemic." *Sociation* 21(1):4-20.

Under Review/Revision

- 2023 Greene, Dana M., Gonzalo Bacigalupe, **Shawna Bendeck**, Christine Gibb, Sonya Cowan, and Simone Goertz. "Redefining Family Research and Practice during the COVID-19 Disaster."

In Progress

- 2023 **Bendeck, Shawna**. "Defining the Inverted Disaster: Temporal, Spatial, Physical, Social, and Institutional Dimensions and Implications."

Technical Reports

- 2017 Applied Technology Council Working Group Member. *Safer, Stronger, Smarter: A Guide to Improving School Natural Hazard Safety, FEMA P-1000*. Washington DC: Federal Emergency Management Agency and Applied Technology Council.

Book Reviews

- 2018 **Bendeck, Shawna**, Ian D. Greenwood, Sneha Kadyan, Robert Tuttle, Nefratiri Weeks, and N. Prahba Unnithan. Review of *In the Trenches: Teaching and Learning Sociology*. Written by Maxine P. Atkinson and Kathleen S. Lowney. *The Social Science Journal* 55(3):379-380.
- 2015 **Cosby, Shawna**. Review of *Humanitarian Logistics: Meeting the Challenge of Preparing for and Responding to Disasters*, 2nd edition, edited by Peter Tatham and Martin Christopher. *International Journal of Mass Emergencies and Disasters* 33(2):309-313.

AWARDS AND HONORS

- 2023 Outstanding Graduate Student Instructor Award. Department of Sociology, Colorado State University. \$200.
- 2021 Graduate Scholarship in Social Change. Department of Sociology, Colorado State University. \$1,000.
- 2020 Graduate Student Dissertation Award. Natural Hazards Center, University of Colorado, Boulder. \$500.

AWARDS AND HONORS (CONT.)

- 2020 Summer Fellowship. Institute for the Built Environment, Office of Vice President of Research, Colorado State University. \$5,000.
- 2020 Faculty Professional Development Award. College of Liberal Arts, Colorado State University. \$4,000.
- 2020 PhD Methods Training Funding Award for ICPSR SNA Summer Program Workshop. Department of Sociology, Colorado State University. \$1,500.
- 2020 COVID-19 Working Groups for Public Health and Social Sciences Research Grant. Redefining Family Life Under COVID-19 Working Group. National Science Foundation-funded Social Science Extreme Events Research (SSEER) Network and Natural Hazards Center's CONVERGE facility. \$1,000.

CONFERENCE PRESENTATIONS

Refereed Talks

- 2024 **Bendeck, Shawna.** "Social Networks and Mental Health of Parents during Pandemic School Closures." 49th Annual Natural Hazards Workshop, Researchers Meeting.
- 2023 **Bendeck, Shawna.** "Children with Disabilities and Social Vulnerability during Pandemic School Closures." 48th Annual Natural Hazards Workshop, Researchers Meeting.
- 2021 **Bendeck, Shawna.** "COVID-19, Education, and Effects on the Family." Society for the Study of Social Problems 2021 Virtual Annual Meeting.
- 2021 Zhao, Katya, **Shawna Bendeck**, and Seth Sagstetter. "Mediating Individual Experience through Digital Social Connections: An Exploration of Health Resilience and Disparities during COVID-19." Society for Psychological Anthropology 2021 Biennial Conference.
- 2020 **Bendeck, Shawna.** "Changes to Family Life During COVID-19 School Closures: Research in Progress." Mid-South Sociological Association Annual Conference.
- 2019 **Bendeck, Shawna.** "The Effects of Aging Out of Foster Care on Social Capital and Life Outcomes: A Mixed Methods Study of Experiences and Outcomes." Western Social Science Association Conference. Section on Social Work.
- 2010 **Cosby, Shawna** and Mel Moore. "Life after Foster Care: A Qualitative Study of Post-Emancipation Outcomes." American Sociological Association Annual Meeting. Section on Sociological Practice and Public Policy. Talk by Dr. Moore.

Poster Presentations

- 2022 Dengah, Francois, Jeffrey Snodgrass, Seth Sagstetter, Katya Xinyi Zhao, **Shawna Bendeck**, Julia Branstrator, Nichole Bresee, Marisa Debell, Francisco Dominguez, Steven Espinosa, Hannah Grossen, Whitney Hall, Jack Hill, Liam Hodgson, Brighton Miller, Noah Miller, Cori Persinger, Katie Snow, and Erika Sorenson. "The Avatar-Player Relationship and Well-Being: The Emotional Experiences of Role-Playing Characters." Poster presented at: The 2022 Society for Applied Anthropology Annual Meeting, March 2022.

CONFERENCE PRESENTATIONS (CONT.)

- 2021 Greene, Dana M., Gonzalo Bacigalupe, **Shawna Bendeck**, Marcilyn Cianfarani, Shurthi Dakey, Christine Gibb, Danielle Denardo, Simone H. Goertz-Rutten, Rachel Hernandez, Priya Ranganath. "Re-Defining Family During Covid-19: Ongoing Research." Poster presented at: 46th Annual Natural Hazards Research and Applications Workshop, Virtual, July 2021.
- 2020 Greene, Dana M., Jessica W. Pardee, Gonzalo Bacigalupe, **Shawna Bendeck**, Marcilyn Cianfarani, Shurthi Dakey, Christine Gibb, Danielle Denardo, Simone H. Goertz-Rutten, Rachel Hernandez, Priya Ranganath, Jennifer Schneider. "Re-Defining Family During Covid-19: Research in Process." Poster presented at: 45th Annual Natural Hazards Research and Applications Workshop, Virtual, July 2020.

Professional Meetings

- 2014 Group Facilitator. Statewide Summit on Colorado Childcare Centers and Disaster Preparedness. October 2, 2014. Colorado State University. Hosted by FEMA and CDRA

TEACHING EXPERIENCE

Courses Taught at Colorado State University

Social Problems (FA18, FA19, FA20)
Development of Sociological Thought (FA18, SP19, SP20, SP21, SU21, FA21, SP22, SU22, SU23, SU24)
Methods of Sociological Inquiry (SP19, SP23)
Sociology of Disaster (online: SU19, SU20, SU22, SP23, SU23, SP24)
Sociology Capstone Internship and Internship Seminar (FA23, SP24, SU24, FA25)

Courses Taught at University of Northern Colorado

Introduction to Sociology (FA05, SP06)

Graduate Theses Advising at Colorado State University

- 2023 Committee Member, *Social Impacts of Hurricanes on Puerto Rico*, Fr. Canice Njoku, Aquinas Institute of Theology.

Undergraduate Honors Theses Advising at Colorado State University

- 2021 Committee Member, *Veteran and Active-Duty Suicide Awareness: Shaping Suicide Prevention Curriculum for the Military's Next Generation of Leaders*, Audrey Mayer, Department of Sociology, Colorado State University.

Teaching Assistant at Colorado State University

Water, Society, and Environment
Environmental Justice
Community Dynamics and Development
Social Stratification
Correctional Organizations
Methods of Sociological Inquiry
Contemporary Race-Ethnic Relations
Quantitative Sociological Analysis
General Sociology

TEACHING INTERESTS

- Environmental Sociology
- Applied Research Methods
- Sociology of Disaster
- Social Problems
- Disability and Inclusivity
- Sociological Theory
- Child and Family Wellbeing
- Social Change

RESEARCH EXPERIENCE

- 2021- Research Assistant, "Online Gaming Involvement, Avatar Identification, and Emotion Regulation in Five Culture Areas." Ethnographic Research and Teaching Laboratory, Virtual Worldz Research Team. Jeffrey D. Snodgrass, Principal Investigator. (\$20,250)
- 2021 Co-Principal Investigator, "Compass Classroom Systems and Empathy Project." Institute for the Built Environment. Elicia Ratajczyk, Principal Investigator.
- 2020- Research Assistant, "RAPID: Digital Social Connection and Immune Biology among Emerging Adults: Assessing Novel Sources of Health Resilience During the COVID-19 Pandemic." Ethnographic Research and Teaching Laboratory, Virtual Worldz Research Team. Jeffrey D. Snodgrass, Principal Investigator.
- 2020 Co-Principal Investigator, Summer Research Fellowship. Institute of the Built Environment. Funded by the Office of Vice President of Research, Colorado State University. Elicia Ratajczyk, Principal Investigator. (\$5,000)
- 2019-2021 Research Assistant, CIP/Pre-CIP Teams Analysis. Institute for Research in the Social Sciences. Funded by the Office of Vice President of Research, Colorado State University.
- 2019- Research Assistant, Social Network Analysis for Team Science Studies. Institute for Research in the Social Sciences, Colorado State University. Jeni Cross, Principal Investigator.
- 2019 Research Assistant, "Class Gaps in Parental Investments in Children." Department of Sociology, Colorado State University. Pat Hastings, Principal Investigator.
- 2015-2017 Research Assistant, "Reducing the Risk to Our Schools from Natural Hazards and Improving the Safety of Our Children." Funded by the Federal Emergency Management Agency, contract to the Applied Technology Council. Center for Disaster and Risk Analysis, Colorado State University. (\$28,950)
- 2015-2016 Research Assistant, "Educational Continuity Following the 2013 Colorado Floods: A Case Study of Lyons Elementary and Middle/Senior High Schools." Center for Disaster and Risk Analysis, Colorado State University. Jennifer Tobin-Gurley and Lori Peek, Principal Investigators.
- 2012-2015 Research Assistant, "Youth Creating Disaster Recovery: A Participatory Action Research Project." Funded by the Social Sciences and Humanities Research Council of Canada. Center for Disaster and Risk Analysis, Colorado State University. Robin Cox and Lori Peek, Co- Principal Investigators. (\$187,867)

RESEARCH EXPERIENCE (CONT.)

2012-2014 Research Assistant, "Disaster Preparedness in Colorado Childcare Centers and In-Home Care Facilities." Funded by the Federal Emergency Management Agency, National Preparedness Division, Region VIII. Center for Disaster and Risk Analysis, Colorado State University. Lori Peek, Principal Investigator. (\$30,000)

RESEARCH INTERESTS

- Children, Youth, and Families
- Disability and Inclusivity
- Environmental Inequality
- Sociology of Education
- Community Based Research Methods
- Social Networks
- Sociology of Disasters

PROFESSIONAL AND UNIVERSITY SERVICE

Departmental Service

2023-2024	Committee Member	Sociology Undergraduate Committee
2018	Committee Member	Quantitative Methods Faculty Search Committee
2018-2019	Committee Member	Graduate Admissions Committee
2017-2018	Committee Member	Graduate Admissions Committee
2017	Volunteer	Environmental Justice in the Anthropocene Symposium

Community Service

2021-2024	Committee Member	Special Education Advisory Committee, Poudre Schools
2021-2024	Committee Member	Equity Committee, Dunn Elementary, Poudre Schools
2013	Volunteer	Flood Relief Rescue Mission, Red Cross, Fort Collins, CO

Training

2023	Best Practices: Accessible and Inclusive Content Online TILT Short Course
2023	TILT Summer Conference
2023	Creating an Inclusive Classroom
2023	Improving the Effectiveness of Small and Large Group Activities
2021	Navigating Difficult Classroom Conversations
2021	Egocentric Network Analysis with R at the Networks 2021 Conference
2020	Social Network Analysis 5-Day Workshop at the ICPSR Summer Program in Quantitative Methods of Social Research
2019	Best Practices: Design and Develop Your Online Course TILT Short Course
2019	TILT Professional Development Institute
2018	Inclusive Pedagogy and Praxis Workshop
2018	TILT Summer Conference
2018-2021	Graduate Teaching Certificate Program
2018-2019	Student Success Initiative: First Four Weeks Pilot Group
2016	CSU Summer Workshop: Quantitative Data Management and Manipulation

Working Groups

2020-	Redefining Family Life Under COVID-19 (PI: Dr. Jessica Pardee and Dr. Dana Greene)
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PROFESSIONAL AND UNIVERSITY SERVICE (CONT.)

Professional Affiliations

American Sociological Association Member

Section Memberships: Children and Youth
Sociology of Education
Disability in Society
Family
Environmental Sociology
Sociological Practice and Public Sociology

Society for the Study of Social Problems Member

Section Memberships: Family
Educational Problems

Reviewer

Social Problems

TECHNICAL EXPERTISE

- Social Network Analysis: UCInet, Visone
- Quantitative Analysis: R, Stata, Excel
- Qualitative Analysis: MaxQDA
- Visual AnthroPac
- Google Suite
- Survey Programming: Qualtrics, ONA Surveys, Google Forms
- Microsoft Suite: Word, Excel, Access, PowerPoint, Teams, Forms
- SQL Programming and Database Management