

MEARA H. FAW, Ph.D.

Department of Communication Studies
College of Liberal Arts
Colorado State University
1783 Campus Delivery
Fort Collins, CO 80523

CONTACT INFORMATION

Email: meara.faw@colostate.edu

ACADEMIC APPOINTMENTS

Assistant Professor, Department of Communication Studies, Colorado State University
2017 to present

Affiliate Faculty Member, Colorado School of Public Health, Colorado State University
2017 to present

Assistant Professor, Department of Communication, Rutgers University
2014 to 2017

Teaching/Research Assistant, Department of Communication, University of Washington
2009 to 2014

AREAS OF EXPERTISE

Interpersonal Communication; Health Communication; Family Communication; Social Support; Physiology and Communication; Stress; Biomarker Research; Social Networks; Tough Love; Support Activation and Management; Support Marshaling; Aging; Caregiving

EDUCATION

Ph.D. in Communication - 2014

University of Washington Department of Communication

Dissertation: Supporting the Supporter: Social Support, Stress, and Well-being among Caregivers of Children with Severe Disabilities

Dissertation Committee: Malcolm Parks (Chair and Advisor), Valerie Manusov, Hendrika Meischke, Kathleen O'Connor (Graduate School Representative)

Awards: Top Dissertation Award (NCA Interpersonal Division); Top Dissertation Award (ICA Interpersonal Division)

M.A. in Communication - 2011

University of Washington Department of Communication

B.A. in Communication and Spanish, with Honors - 2008

Whitworth University

PUBLICATIONS

Peer-Reviewed Journal Articles

Faw, M. H., Harvey-Knowles, J. A., & Feng, H. (Accepted, In Press). A Replication of Xu & Burleson's Study on Support Gaps and Culture. *Communication Studies*.

Harvey, J. A., & **Faw, M. H.** (Accepted, In Press). Caregiver social support quality when interacting with cancer sufferers: Advancing the dual-process model of supportive communication. *Supportive Care in Cancer*.

Faw, M. H. (Accepted, In Press). Supporting the Supporter: Social Support, Stress, and Well-being among Caregivers of Children with Severe Disabilities. *Journal of Social and Personal Relationships*.

Kim, H., **Faw, M. H.**, Michaelides, A. (2017). Mobile but Connected: Harnessing the power of self-efficacy and social support for weight loss success through smartphone use. *Journal of Health Communication*, 5, 395-402. doi: 10.1080/10810730.2017.1296510

Harvey, J. & **Faw, M. H.** (2016). A Relational Turbulence Model perspective on communication in intimate relationships post-HPV testing. *Health Communication*, 31, 688-694. doi: 10.1080/10410236.2014.990080

Faw, M. H., & Leustek, J. (2015). Sharing the Load: An Exploratory Analysis of the Challenges Experienced by Parents of Children with Disabilities. *The Southern Communication Journal*, 80, 404-415. doi: 10.1080/1041794X.2015.1081978

Harvey, J., & **Faw, M. H.** (2015). The Provider Expressions of Verbal Person-Centeredness (PE-VPC) Scale: Development and Initial Validation. *Communication Reports*, 29, 1-15. doi: 10.1080/08934215.2015.1111918

Faw, M. H. (2014). Young adults' strategies for managing social support during weight loss attempts. *Qualitative Health Research*, 24, 267-278. doi: 10.1177/1049732313520079

Crowley, J. P., & **Faw, M. H.** (2014). Support marshaling for romantic relationships: Empirical validation of a support marshaling typology. *Personal Relationships*, 21, 242-257. doi: 10.1111/pere.12029

Parks, M. R., **Faw, M.**, & Goldsmith, D. (2011). Undergraduate instruction in empirical research methods in communication: Assessment and recommendations. *Communication Education*, 60, 406-421. doi: 10.1080/03634523.2011.562909

Book Chapters

Parks, M. R., & **Faw, M.** (2014). Relationships among relationships: Interpersonal communication in social networks. In C. Berger (Ed.), *Narrowcasting: Interpersonal Communication*. Berlin, Germany: Mouton de Gruyter.

Other Publications

Faw, M. H. (2017). In-depth interviews: Studying social support when attempting to lose weight. *SAGE Research Methods Case Study*. Available online at: <http://methods.sagepub.com/case/in-depth-interviews-social-support-obese-overweight-young-adult-lose-weight>

***Hall, M.** (2010). A book review of: "Nicholas Christakis and James H. Fowler. *Connected: The Surprising Power of Our Social Networks and How They Shape Our Lives.*" *Mass Communication & Society*, 13, 338-340.

*Published under previous name

Submissions Under Review

Faw, M. H., & Pederson, J. Network Member Support Marshaling in Response to Another's Relational Transgression Experience. *Qualitative Research Reports in Communication*.

Pederson, J., & **Faw, M. H.** Communal Coping Following Relational Transgressions. *Communication Research Reports*.

Faw, M. H., Sonne, J., & Leustek, J. Exploring Tough Love as a Form of Social Support in Parents' Relationships with their Young Adult Children. *Communication Studies*.

Papers in Progress (Names and Author Order Subject to Change)

Faw, M. H., & Yoon, D. The Influence of Goal Orientation, Perceived Efficacy, and Uncertainty of Outcomes Related to Tough Love Support in Parent-Child Relationships. (Project currently in data analysis; targeted submission January 2019).

Faw, M. H., & Cross, J. Meaningful Interaction through Community Arts Engagement for Familial Caregivers of Patients with Cognitive Impairments. (Project currently in data analysis; target submission August 2018).

Faw, M. H., & Harvey, J. A. Dual-Process Approach to Supportive Message Processing and Creation: Physiological Correlates and Implications. (Project currently in data analysis phase).

Faw, M. H., & Harvey, J. A. Analysis of DHEA/DHEA-S and its Associations with Support Message Processing Motivation and Capability: A Test of the Dual Process Model of Social Support. (Project currently in data analysis).

Faw, M. H., & Davidson, K. Co-Rumination, Social Support, and Conversations about Body Image among Female Friends. (Project currently in data collection).

Wong, J., Crain, T., & **Faw, M. H.** Exploring Support-Seeking Strategies used by Employees to Achieve Work-Life Balance. (Project currently in data collection phase).

Faw, M. H. Support Marshaling Strategy Selection Over Time: The Influence of Support Preferences, Efficacy, Goals, and Moral Hazard. (Project currently in development and IRB approval stage).

Faw, M. H., & Harvey, J. Relational and Physiological Implications of Supportive Communication in Conflict Interactions. (Project currently in development and IRB approval stage).

Harvey, J. A., & **Faw, M. H.** Conflict and Mindfulness: Testing a Short-Term Intervention to Improve Conflict Skills and Outcomes. (Project currently in development and IRB approval stage).

Faw, M. H. Development and Testing of a Social Support Intervention for Parents of Children with Disabilities: Physiological Correlates and Implications for Long-Term Well-being. (Project currently in development).

Theiss, J., Steuber-Fazio, K., & **Faw, M. H.** Post-partum Depression, Uncertainty, and Support among New Parents. (Project currently in development).

Peer-Reviewed Conference Presentations

Faw, M. H., & Yoon, D. (2018, July). *A Multiple Goals Perspective of Tough Love Communication between Parents and their Young Adult Children*. Paper presented at the International Association for Relationship Researcher Conference, Fort Collins, CO.

Pederson, J., & **Faw, M. H.** (2017, November). *Communal Coping and Support Marshaling Following Relational Transgressions*. Paper presented at the National Communication Association Annual Conference, Dallas, TX. (Interpersonal Communication Division).

Harvey, J. A., & **Faw, M. H.** (2017, November). *Spousal Cancer Caregiver's Emotional Experiences and Reported Support Provision Quality during Supportive Conversations with Cancer Survivors*. Paper presented at the National Communication Association Annual Conference, Dallas, TX. (Interpersonal Communication Division).

Harvey, J. A., & **Faw, M. H.** (2017, November). *Caregiver Social Support Quality when Interacting with Cancer Survivors: Advancing the Dual-Process Model of Supportive Communication*. Paper presented at the National Communication Association Annual Conference, Dallas, TX. (Interpersonal Communication Division).

- Faw, M. H.,** Leustek, J., & Sonne, J. (2016, November). *Communicating Tough Love to Young Adult Children: The Role of Parents' Uncertainty, Efficacy, and Communication Competence*. Paper presented at the National Communication Association Annual Conference, Philadelphia, PA. (Family Communication Division).
- Faw, M. H.,** Leustek, J., & Sonne, J. (2016, November). *When Helping Hurts: Exploring Tough Love as a Form of Social Support in Parents' Relationships with their Young Adult Children*. Paper presented at the National Communication Association Annual Conference, Philadelphia, PA. (Interpersonal Communication Division).
- Kim, H., **Faw, M. H.,** Michaelides, A. (2016, November). *Mobile but Connected: Harnessing the Power of Self-Efficacy and Social Support for Weight Loss Success through Smartphone Use*. Paper presented at the National Communication Association Annual Conference, Philadelphia, PA. (Health Communication Division).
- Faw, M. H.,** Leustek, J., & Sonne, J. (2016, July). *Themes of Tough Love Support in Parent-Child Dyads*. Paper presented at the International Association for Relationship Researchers' Conference, Toronto, Canada.
- Faw, M. H.** (2015, November). *The Influence of Social Support Quality on Physiological Stress among Support Providers and Recipients in Response to a Short-Term Interaction*. Paper presented at the National Communication Association Conference, Las Vegas, NV. (Interpersonal Communication Division).
- Faw, M. H.,** & Leustek, J. (2015, June). *Sharing the Load: An Exploratory Analysis of the Challenges Experienced by Parents of Children with Disabilities*. Paper presented to the International Association for Relationship Researchers mini-conference on Interpersonal Communication and Well-being, New Brunswick, NJ.
- Harvey, J. H., & **Faw, M. H.** (2014, November). *Provider Expressions of Support Scale (PESS): Development and initial validation*. Paper presented to the National Communication Association Conference, Chicago, IL. (Interpersonal Communication Division).
- Faw, M. H.** (2013, November). *Expressive ambivalence, emotional expressiveness, and giving and receiving social support*. Paper presented to the National Communication Association Conference, Washington, D.C. (Interpersonal Communication Division).
- Faw, M. H.,** & Harvey, J. (2013, November). *Why demand/withdraw? Competing hypotheses explaining demand/withdraw behaviors and the impact of serial conflict on roommate relationships*. Paper presented to the National Communication Association Conference, Washington, D.C. (Interpersonal Communication Division).
- Harvey, J., & **Faw, M. H.** (2013, November). *Breaking and receiving the news: Perceived relational turbulence before and after the disclosure of HPV (human papillomavirus) diagnosis outcome*. Paper presented to the National Communication Association Conference, Washington, D.C. (Health Communication Division).

Crowley, J., **Faw, M. H.**, & Parks, M. R. (2012, November). *Effects of positive and negative emotional expression on salivary cortisol and alpha-amylase*. Paper presented to the National Communication Association Conference, Orlando, FL. (Interpersonal Communication Division).

Crowley, J., & **Faw, M. H.** (2012, November). *Support marshaling for romantic relationships: Empirical validation of a support marshaling typology*. Paper presented to the National Communication Association Conference, Orlando, FL. (Interpersonal Communication Division).

Faw, M. H. (2012, May). *Strategies for soliciting network member support in weight-loss attempts among obese and overweight young adults*. Paper presented to the International Communication Association Conference, Phoenix, AZ. (Health Communication Division).

Faw, M. H. (2011, November). *Examining differences in social support across adult sibling relationships from an evolutionary perspective*. Paper presented to the National Communication Association, New Orleans, LA. (Family Communication Division).

Hall, M. H., & Skattebo, K. (2008, April). *Communication social support in adult sibling relationships*. Poster presented to the Spokane Intercollegiate Research Conference, Spokane, WA. (Communication Division).

Peer-Reviewed Conference Panel Presentations

Panel Chair & Presenter, *Emphasizing the Interpersonal in Interpersonal Communication Research*. (2017, November). Presented at the National Communication Association Annual Conference, Dallas, TX. (Interpersonal Communication Division).

GRANTS & FUNDING

Grants Received

2018 Professional Development Program, Colorado State University College of Liberal Arts

Primary Investigator, "A Dual Process Approach to Supportive Communication" (\$2000)

2018 National Endowment for the Arts Art Works 2018 Grant

Co-Investigator, "B-Sharp Art Works: Evaluating Performing Arts Enrichment Programming for People with Dementia and their Caregivers" (\$90,000)

2016 University of Minnesota Grant-in-Aid of Research, Artistry, and Scholarship

Co-Investigator for the project, "Improving Couples' Conflict Resolution Strategies via Mindfulness-Based Stress Reduction: A Randomized Controlled Trial" (\$31,585)

2016 Rutgers Department of Communication Research Development Grant

Primary Investigator for the project, “A Dual-Process Approach to Supportive Message Processing and Creation: Physiological Correlates and Implications” (\$5000)

2015 Rutgers University Research Council Grant

Primary Investigator for the project “Tough Love Support in Parent-Child Relationships” (\$1700)

2013 Peter Clarke Graduate Research Fund

Primary Investigator, “Supporting the Supporter”; award of support for research that promises to yield social benefits (\$3000)

2012 Janice & William Ames Endowment for Graduate Research

Co-Investigator, “A Relational Turbulence Model Approach to HPV Testing and Diagnosis”; award of support for research that focuses on underserved populations (\$400)

2012 Communication Graduate Student Research Fund

Primary Investigator, “Serial Conflict in Roommate Relationships”; award of support for graduate student research (\$400)

2011 Communication Faculty Research Fund

Award of support for research co-authored by faculty and graduate students; co-investigator with Dr. Malcolm Parks and Dr. John Crowley (\$3500)

Grant/Fellowship Applications In Progress/Under Review

Grant/Fellowship Applications Submitted but Not Funded

2018 Samueli Foundation Development Grant

Primary Investigator, “Promoting Caregiver Health through a Targeted Intervention” (\$400,000)

2018 National Science Foundation Grant for Growing Convergence Research

Co-Investigator, “Enriching Environments and Enhanced Well-being for Older Adults with Dementia or Alzheimer’s Disease and their Caregivers” (\$400,000)

2018 Diversity & Inclusion Study Abroad Grant

Funding to facilitate creation of a study abroad class (\$2500)

2017 Next50 Grant Development

Co-Investigator, “Enriched and Meaningful Experiences for Older Adults” (\$200,000)

2017 Colorado Clinical Translational Sciences Institute Partnership Development Grant

Co-Investigator, “Enriched and Meaningful Experiences for Older Adults” (\$15,000)

2016 New Jersey Health Foundation Grant

Primary Investigator, “Fostering Well-being in Families of Children with Autism through the Enhancement of Social Support” (\$35,000)

2016 Rutgers University Busch Biomedical Grant

Primary Investigator for the project, “A Social Support Intervention for Parents of Children with Special Needs” (\$29,965)

2016 Organization for Autism Research Applied Research Grant

Primary Investigator for the project, “A Social Support Intervention for Parents of Children with Special Needs” (\$29,965)

2016 Family Process Institute’s New Writers Fellowship

Funding to attend an academic writing workshop and workshop a project, “An Exploration of the Meanings and Themes of Tough Love Support in Parent-Child Relationships”

AWARDS & SCHOLARSHIPS

2015 Department of Communication Distinguished Teaching Award

Awarded to one faculty member annually in the Communication Department at Rutgers University

2015 National Communication Association’s Top Dissertation Award

Awarded from the Interpersonal Communication Division

2015 International Communication Association’s Top Dissertation Award

Awarded from the Interpersonal Communication Division

2015 University of Washington Department of Communication Faculty Award for Outstanding Research – Dissertation

Awarded to one doctoral dissertation defended during the previous calendar year (\$1000)

2013 Mortar Board Alumni/Tolo Foundation Madeline Jones Campbell Scholarship

Awarded for excellence in scholarship, leadership, and service (\$2500)

2011 Graduate School Fund for Excellence and Innovation Top Scholar Award

Quarter-long research assistantship for excellence in scholarship, leadership, and service (\$4900)

2009 Graduate School Fund for Excellence and Innovation Top Scholar Award

Yearlong research assistantship for excellence in scholarship, leadership, and service (\$13,725)

2008 Top Communication Scholar Award from Whitworth University

Awarded to two graduating students who have exhibited excellence in Communication Studies

- 2008 Top Communication Paper Award from Whitworth University**
Awarded to the top undergraduate research paper submitted during that academic year (\$250)
- 2007 Opportunity Research Scholar Award funded by the McDonald Family Opportunity Scholars Endowment at Whitworth University**
Awarded to undergraduate students who show significant research interests and promise (\$700)
- 2007 Outstanding Student Scholarship Award funded for the Communication Department at Whitworth University**
Awarded to one undergraduate student who has achieved academic excellence in her studies (\$1500)
- 2007 Outstanding Student Scholarship Award for the Modern Languages Department at Whitworth University**
Awarded to one undergraduate student who has achieved academic excellence in her studies (\$1500)
- 2006 Outstanding Student Scholarship Award for the Modern Languages Department at Whitworth University**
Awarded to one undergraduate student who has achieved academic excellence in her studies (\$1500)

TEACHING EXPERIENCE

Assistant Professor

Colorado State University

Undergraduate Courses

SPCM 278 – *Special Topics: Friendship*

SPCM 332 – *Interpersonal Communication Skills*

SPCM 436 – *Conflict Management & Communication*

Graduate Courses

SPCM 632 – *Theories of Interpersonal Communication*

SPCM 639 – *Communication Theory*

Rutgers University

Undergraduate Courses

COM 300 - *Communication Research Methods*

COM 355 - *Interpersonal Communication*

COM 472 - *Special Topics Seminar: Supportive Communication*

Instructor of Record

University of Washington

Undergraduate Courses

COM 270 - *Interpersonal Communication*
COM 220 - *Introduction to Public Speaking*

Adjunct Faculty

Pima Medical Institute

Undergraduate Courses

COM 101 - *Introduction to Communications*

CSK 110 - *Study Skills*

Teaching Assistant

University of Washington

Undergraduate Courses

COM 202 - *Introduction to Communications II*

COM 220 - *Introduction to Public Speaking in the Office of Minority Affairs Upward Bound Program*

Upward Bound is an outreach program that works with local high school students in low-income districts to expose them to the college experience while providing opportunities for additional support and academic development.

COM 382 - *Social Scientific Approaches to Communication Research*

COM 220 - *Introduction to Public Speaking*

Whitworth University

Undergraduate Courses

COM 220 - *Introduction to Communication Research Methods*

GRADUATE ADVISING & COMMITTEES

Advisor

Anna Griggs (2018-2019)

Temporary Advisor

Erik Ludwig (2016-2017)

Completed Dissertation Committees

Seol Ki (Summer, 2017)

John Leustek (Summer, 2018)

Dissertation Committees in Progress

Julie Prosser (outside committee member; anticipated Spring, 2019)

Charlotte McKernan (outside committee member; anticipated Spring, 2019)

Kenzie Davidson (outside committee member; anticipated Spring, 2020)

Savannah Hobbs (outside committee member; anticipated Spring, 2020)

Qualifying Exams Committees

Savannah Hobbs (Fall, 2018)

John Leustek (Fall, 2015)

Completed MA Thesis Committees

Gabi Fihn (outside committee member; Summer, 2018)

MA Thesis Committees in Progress

Amber Stokes (outside committee member; anticipated Fall, 2018)

Abby Ross (outside committee member; anticipated Fall, 2018)

Anna Griggs (committee chair; anticipated Spring, 2019)

Erin Slattery (internal committee member; anticipated Spring, 2019)

Abby Johnson (outside committee member; anticipated Spring, 2019)

Jacqueline Wong (outside committee member; anticipated Spring, 2019)

GUIDED GRADUATE INDEPENDENT STUDIES & RESEARCH TEAMS

Graduate Independent Study, *Social Support and Uncertainty in Families with Adopted Children* (Spring, 2017)

Deborah Yoon

Graduate Research Team, *A Dual Process Model Approach to Support Message Creation and Processing* (Spring, 2017)

Deborah Yoon

Graduate Research Team, *Tough Love Support among Parents and their Young Adult Children* (Fall, 2015 - Spring, 2016)

John Leustek, Jennifer Sonne

Graduate Research Collaboration, *Sources of Uncertainty among Parents of Children with Disabilities* (Fall, 2015 – Spring, 2016)

John Leustek

GUIDED UNDERGRADUATE INDEPENDENT STUDIES & RESEARCH TEAMS

Undergraduate Research Assistant Program, *Positive Communication in Difficult Moments: Social Support, Tough Love, and Conflict* (Fall, 2018)

Julie Aprill, Natalia Frolov-Nickels

Undergraduate Research Assistant Program, *A Dual Process Model Approach to Supportive Communication: Analyzing Conversations* (Spring, 2018)

Morgan Hantschel, Mahina Lipp, Ricki Palmisano, Elissa Wageck

Aresty Undergraduate Research Assistant Program, *A Dual Process Model Approach to Support Message Creation and Processing* (2016-2017)

Michelle Schechter, Paloma Gomez

Undergraduate Independent Study, *A Dual Process Model Approach to Support Message Creation and Processing* (Fall, 2016)

Angela DePalma

Undergraduate Independent Research, *Uncertainty Reduction across Generations in Online Environments* (Summer, 2016)

Tatiana Pereira

Undergraduate Independent Study, *Tough Love Support in Parent-Child Relationships* (Spring, 2016)

Danielle Amato, Vicka Cadguindagan, Jamie Chau, Victoria Tripsas

Undergraduate Independent Study, *Social Support, Nonverbal Immediacy, and Responsiveness* (Fall, 2015)

Danielle Amato, Jamie Chau

Undergraduate Independent Study, *Social Support and Verbal Person-Centeredness* (Spring, 2015)

Danielle Amato, Jamie Chau, Brielle Cummings, Roxanna Menhaji, Christopher Viviani

INVITED EXTERNAL PRESENTATIONS

2018 *Graduate School Opportunities for Communication Studies*

Invited speaker, Whitworth University, Spokane, WA

2015 *Navigating the Academic Job Market*

Invited panelist, International Association for Relationship Researchers Mini-Conference, New Brunswick, NJ

INVITED INTERNAL PRESENTATIONS

2018 *Sustainable Writing Practices*

Invited presenter, Communication Studies Department Summer Writing Retreat at Colorado State University

2018 *Enhancing Conflict Communication through Mindfulness*

Invited presenter, Communication Studies Department Research Brown Bag at Colorado State University

2018 *Tough Love Support in Parent-Child Relationships*

Invited presenter, Family and Systems Theory Interdisciplinary Research Group at Colorado State University

2017 *Careers in Academia*

- Invited presenter, Graduate Colloquium in the Communication Studies Department at Colorado State University
- 2017** *Experimental and Survey Research Methods*
Invited presenter, Graduate Research Methods Course in the Communication Studies Department at Colorado State University
- 2017** *Social Support and Facets of Health*
Invited presenter, Health and Social Research Interdisciplinary Group at Colorado State University
- 2017** *Social Support in Interpersonal Relationships*
Invited presenter, Graduate Interpersonal Communication Course in the School of Communication & Information at Rutgers University
- 2017** *Communication and Relationships*
Invited presenter, Undergraduate Honors Seminar in the School of Communication & Information at Rutgers University
- 2016** *Academic Integrity: Ethics in Research and Collaboration*
Invited presenter, Graduate Student Colloquium in the School of Communication & Information at Rutgers University
- 2016** *Communication and Relationships*
Invited presenter, Undergraduate Honors Seminar in the School of Communication & Information at Rutgers University
- 2015** *Unique Perspectives in Communication*
Invited panelist, New Graduate Student Colloquium of the School of Communication & Information at Rutgers University
- 2015** *Conquering your Dissertation*
Invited panelist, Doctoral Students Association of the School of Communication & Information at Rutgers University
- 2014** *Social Support and Well-being*
Invited presentation, New Faculty Research Colloquium of the School of Communication & Information at Rutgers University
- 2014** *The Breadth of Communication Research*
Invited panelist, New Graduate Student Colloquium of the School of Communication & Information at Rutgers University
- 2013** *Conferencing: What to Know Before You Go*
Invited presentation, Graduate Student Professional Development Lunch, University of Washington
- 2013** *Health, Social Support, and Social Networks: Interpersonal Communication and Health*

Interpersonal Communication Class, University of Washington

2013 *Emotion, Emotional Expression, and Interpersonal Communication and Health Communication: Communicating for Wellness*

Interpersonal Communication Class, University of Washington

2012 *Support Solicitation Strategies among Obese and Overweight Young Adults when Attempting to Lose Weight*

Incoming Graduate Student Preview Weekend, University of Washington

2011 *Research Ethics and Conducting Focus Groups*

Social Scientific Approaches to Communication Research, University of Washington

UNIVERSITY & COMMUNITY SERVICE

Service to the Department/School

2018 – Present **Member of the Gravelee Lecture Committee of the Communication Studies Department**

2017 – Present **Member of the Communication Studies Department Scholarship Committee**

2017 **Judge, Colorado State University Graduate Student Research Symposium**

2016 – 2017 **Faculty Advisor for Rutgers University Chapter of Lambda Pi Eta Undergraduate Honors Society as part of the National Communication Association**

2015 – 2017 **Member of the Communication Department Research Committee Rutgers University**

2015 – 2017 **Associate Member of the PhD Faculty Rutgers University, School of Communication & Information**

2013 – 2014 **Communication Graduate Student Association Representative University of Washington, Department of Communication**

2011 – 2013 **Orientation weekend student presenter University of Washington, Department of Communication**

2011 - 2012 **New graduate student mentor University of Washington, Department of Communication**

2011 **Jody Deering Nyquist Public Speaking Award judge**

University of Washington, Department of Communication

- 2010 - 2013** **Prospective graduate student weekend host, tour guide, and presenter**
University of Washington, Department of Communication

Service to the Discipline

- 2017 - 2018** **Conference Organizing Committee**, International Association for Relationship Researchers 2018 conference in Fort Collins, CO
- 2016 - Present** **Editorial Board**, *Journal of Social and Personal Relationships*
Geoff MacDonald, Editor
- 2016 - Present** **Editorial Board**, *Personal Relationships*
Deborah Kashy, Editor
- 2016 - 2017** **Division Secretary** for the Interpersonal Communication Division of the National Communication Association
- 2015 - Present** **National Communication Association Conference Submission Reviewer** for the Interpersonal, Health, and Family Communication Divisions
- 2013 - Present** **Ad hoc Reviewer**
Aging & Mental Health x1 2018-present
Adaptive Human Behavior and Physiology x1 2018-present
Journal of Health Communication x2 2017-present
Communication Research x4 2017-present
Communication Monographs x1 2016-present
Health Communication x7 2015-present
Journal of Communication x1 2015-present
Communication Reports x1 2015-present
Journal of Personal and Social Relationships x11 2014-present
Personal Relationships x13 2014-present
Qualitative Health Research x2 2013-present
- 2015 - Present** **Panel Chair**
National Communication Association Annual Conference, Interpersonal Division
- 2015** **Panel Chair**
International Association for Relationship Researchers Mini-Conference, New Brunswick, NJ
- 2012 - 2015** **Editorial Assistant**, *Journal of Communication*
Dr. Malcolm R. Parks, Editor

2012 **Panel Chair**
International Communication Association Conference, Phoenix, AZ

Service to the Community

2017 **Night to Shine Volunteer Coordinator**
Edison, New Jersey
Coordinated 200+ volunteers for a prom for adults with special needs sponsored by the Tim Tebow Foundation

2016 **Community Outreach Volunteer Coordinator**
Minnie B. Veal Recreation Center, Edison, New Jersey
Coordinated 170+ volunteers for weekend renovation of local community center

2016 **Night to Shine Volunteer**
New Brunswick, New Jersey
Prom for adults with special needs sponsored by the Tim Tebow Foundation

2015 **Christmas Season Outreach Team Leader—Meal Distribution and Coat Drive**
Middlesex County, New Jersey
Liquid Church

2011 - 2014 **Undergraduate and graduate student mentor**
Seattle, Washington
Bethany Community Church

PRESS

2015 Featured Research: Young Adults and Social Support for Weight Loss. (2015, October). Retrieved from: <http://www.commresearchtraining.com/cool-research.html>

PROFESSIONAL DEVELOPMENT & ADDITIONAL EXPERIENCE

Team Member for the Enriched Environments for Healthy Aging Catalyst for Innovating Partnership (2017-present)

Work with an interdisciplinary research team to develop and test interventions to promote enhanced well-being, health, and quality of life among adults with dementia/Alzheimer's disease as well as their informal and formal caregivers

Structural Equation Modeling Advanced Training Seminar (Summer, 2018)

Participated in a weeklong training to learn advance structural equation modeling methods.

Multilevel Modeling Advanced Training Seminar (Summer, 2018)

Participated in a weeklong training to learn advanced multilevel modeling statistical methods.

Association of College and University Educators Effective Teaching Practices (2017-2018)

A professional development program designed to enhance teaching practices among full-time faculty. Topics included designed an effective course, creating a positive learning environment, and integrating new technologies in the classroom.

Rutgers University Program for Early Career Faculty Excellence (2016-2017)

A competitive multi-year faculty mentorship and collaboration project designed to promote diversity, encourage collaboration, networking, and research development, and foster positive relationships and skill development among pre-tenure faculty.

Rutgers University LGBTQ Faculty Liaison (2016-2017)

A training program designed to equip faculty communicate effectively and develop a safe environment for the LGBTQ campus community.

Rutgers University Safe(R) Space Training (2016)

An afternoon training for enhanced awareness and sensitivity of LGBTQ student issues.

Rutgers Connection Network Mentoring Program (2015-2016)

This program is designed to connect young faculty members with mentors or co-mentors to facilitate successful assimilation to the full time, tenure-track faculty role. Additional goals included enhanced cross-discipline collaboration and networking.

International Association for Relationship Researcher's Mentoring Program (2015-2016)

A mentorship program designed to assist young faculty members with the transition in their first few years of teaching and researching as university faculty members.

Breast Cancer Screening Campaign Consultant (2013)

I worked with three other graduate students to create a health campaign promoting breast cancer screening among Latina women in the lower Yakima Valley of Washington. This campaign included printed posters and promotional items. A research team from the Fred Hutchinson Cancer Research Institute located in Seattle, Washington implemented the campaign in June 2013.

Communication Careers Interviewee (2011)

I served as a paid interview panelist discussing the career options and undergraduate trajectory of a communication major. This interview, conducted by a private company Textbook Tactics, was posted both on their business webpage and YouTube channel.

ADDITIONAL TRAINING

Colorado State University Biosafety Laboratory Training (2017 - present)

Rutgers University Environmental Health and Safety Laboratory Safety, Biosafety, and Blood-born Pathogen Training (2016)

Rutgers University Environmental Health and Safety Materials of Trade Training (2016)

MEMBERSHIPS

International Association of Relationship Researchers – 2014-present

International Communication Association – 2011-present

National Communication Association – 2010-present